





The IREF Newsletter

February 2021



INDIAN RELIEF — FOUNDATION —

Our Deepest Gratitude for the esteemed Support of:







Lion Shri Ashok Mehta



Lion Smt. Aruna Oswal

Lion Dr. Bharat Pathak

Supporting Partners



Technology Powered by :-



Our Mobile Medical Van (MMV)

The key differentiator of this initiative is the adaptation of *E-Health systems, Digital Patient Health card, telemedicine*, and use of *Artificial Intelligence* to augment Clinical Decision Support system to ensure traceability and traceability for the patients as it will enable us to monitor patient outcomes.

The **MMV** is equipped with a Healthcubed device that performs more than *100 Rapid Blood tests*, and the basic vitals like *SPO₂, Blood Glucose, BP*, etc.



The **MMV** is covering more than 27 villages in the *Kalyan (East), Haji Malang* area and intends to cater to the medical needs of more than **1 lakh Adivasis** and downtrodden staying in remote villages.

The brainchild of the project is **Lion Ashok Mehta**, PLIP, and **Lion Dr. Bharat Pathak**.

The Van has been given by Lions International (LCIF) under a Global Grant program and donated by Aruna Abhey Oswal Charitable Trust.

Indian Relief Foundation is the implementation partner.

Malnutrition Camp



A **Malnutrition camp** for *children* was held on 31st Jan at Sufi Darshan and they were provided with **multi vitamin, calcium** and **iron** supplements along with **albendazole** tablets and syrup for deworming followed by a dental check-up as well and some critical cases that required attention were referred to hospitals.

After a complete check up they were given in hand a weeks supply of supplements.

We conducted the camp with the help of **Rotaract club of Caduceus** supported by medical students from various colleges.

Our goal is to improve the lives of the children and ensure that every child attains the right to good healthcare.

We strive to provide timely medical assistance to the needy and deserving.



Auto rickshaw driver Rahul Singh's daughter Trisha was operated for **congenital heart disease** six months prior to the **lockdown** in one of the hospitals in Mumbai and he is now in debts up to his nose and pays an exorbitant sum as monthly interest.

He was referred to **IREF** and we sent him to a cardiac consultant at the Wadia Hospital where Trisha received **nebulization** and a **2D echo test** to check the condition of the heart.

On the fortunate day Rahul got talking to the lady who boarded his rickshaw about his troubles and how Trisha was having complaints about pain in the chest.

Due to high consultation fees he could not afford to visit the cardiac surgeon to find out what was going wrong.

Trisha was put on medication and in two days time was in the pink of health.

Rahul expressed his gratitude multiple times and travelled all the way from Ghatkopar to Bhayandar only to thank our social worker to whom he had so far only spoken to over the phone.

The entire expenses were borne by IREF.

"A Little Help Goes A Long Way"

Our Response to Sandesh's Neurological Disorder

The term **neurological disorder** applies to a condition that is caused by a dysfunction in the part of the brain all the nervous system resulting in physical on psychological symptoms.

There are various reason for the said disorder which can be acquired but in the case of little Sandesh it was destiny, negligence of our healthcare system or ignorance it is difficult to decide.

Young Sandesh, when he was a little over a year, developed a fever and his parents were ignorant about the fact that uncontrolled fever could lead to Brain Damage.



Further to their lack of understanding, they were so far from medical help that even a simple Crocin was unavailable unless they traveled 10 kilometres to get it

Their below-poverty-line condition made this even more challenging for them, eventually, they rushed him to the hospital only when he developed **convulsions** but by that time the damage was already done!

Over the years the convulsions have become more frequent and much worse. His mother approached us to intervene and our medical social worker took the child and the mother to **Nair Hospital**, where he underwent several tests and was finally diagnosed with **Cerebral Palsy**.

Sandesh is now on medication

And his **convulsions** are rare and much less forceful in nature. It gave us immense satisfaction to see the mother smile.

A big difference has been made in her and the child's lives and we will do our part in providing medicines and any other assistance required.



Launching Soon at Sufi Darshan:

Generic Pharma & a Path Lab to service the needs of the rural population of 27 villages and over 1 lakh population