

# IREF Newsletter December 2021 January- February 2022





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# **Cleanliness drive at Sufi Darshan**



Cleanliness has now become a mass movement that aims

to create awareness about cleanliness and hygiene. To encourage the spirit, on 9th December we had a cleanliness drive around Sufi Darshan. Our employees cleaned up the area around by picking up the waste materials scattered by tourists who come to visit the holy Haji Malang Dargah. A lot of plastic bags, snacks, food wrappers, packets, and empty bottles were collected up and disposed of properly.

# Camp At Ulhasnagar



Indian relief Foundation held a camp on 14th December at Ulhasnagar in a Gurdwara. The camp was attended by 158 residents who took the benefits of our various medical health facilities like ECG, dental checkup, blood sugar test, general examination, and total eye checkup. 15 residents required spectacles and cataract removal. Dental issues were detected in 27 residents. Our general physician also handed out generic medicines for regular cold, cough and fever.

### **Surgery for Congenital Heart Disease**





Indian relief Foundation was approached by Mr. Javed Qureshi who needed help for his two-year-old daughter Alisha's congenital heart disease. Javed is a handicapped

auto-rickshaw driver residing in Ahmedabad and got to know by resources about us. We are extremely thankful to SRCC children's hospital and Mr. Ankit Shrimali for providing the child with successful heart surgery. Alisha was discharged within a week and now has returned home healthy and disease-free.

# **Cataract removal surgery**





Our goal is to make all the villages in Kalyan East cataract free. Every week Indian relief Foundation facilitates the transport of 13 senior citizens to Ghatkopar East where free cataract removal surgeries are performed free of cost. We would like to thank Mumbai I care clinic for the free surgeries!

### **Oral Cancer Screening on 6th March**



Our Oral cancer screening team was invited to join a women's camp held at Shahapur by Archana Foundation on the 6th of March. The womenfolk in the village are habituated to chewing tobacco and machine which are cancer-causing agents. We screened 50 women none of them were positive but several had dental issues which were addressed by a dentist present at the time.

# **Oral Cancer Screening**







Indian relief Foundation aided Lion's health and organ donation camp with diabetic retinopathy and oral cancer screening held at Asalpha slums on 27th February. Several senior citizens were detected with cataracts and a few were detected with mild lesions due to tobacco chewing in the mouth but were not malignant.